

# DRUG AND ALCOHOL SUPPORT SERVICES

NORTHERN HEALTH AND SOCIAL CARE TRUST AREA

Date of publication: OCT 2020

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This publication can also be downloaded from [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)



Public Health Agency



## Services for Adults

### One to One and Family Support

Offering auricular acupuncture, mentoring and onward referral service.

[Open Access](#)

#### Hope Centre

☎ Tel: 028 2563 2726

### Drug and Alcohol Harm Reduction Service

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

[Open Access/Self Referrals Accepted](#)

#### Extern

☎ Tel: 028 2565 4012

### Adult Substance Misuse (Step 2) Service

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

#### Extern

☎ Tel: 028 2565 4012

### Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

[GP/Health Professional Referrals](#)

#### NHSCT

☎ Tel: 028 2531 7162

Residential treatment is accessible through the statutory addiction service and is provided by a number of agencies including those listed below.

[Addiction Service Referrals](#)

#### Carrick 1

☎ Tel: 028 9446 5211

#### Carlisle House

☎ Tel: 028 9032 8303

#### Northlands

☎ Tel: 028 7131 3232

## Young People/Family

### Ballymena Youth Engagement Service (YES)

Offering a youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

#### Start 360

☎ Tel: 028 2568 9356

### Carrickfergus Youth Engagement Service (YES)

Providing a youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

#### Carrickfergus YMCA

☎ Tel: 028 9335 5890

### Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

[Targeted at At-Risk/Vulnerable Groups](#)

#### ASCERT & Start 360

Tel: 0800 254 5123

### Steps 2 Cope

Provides one to one support and self help resources to young people, aged 11-18, affected by a parent's use of alcohol.

#### ASCERT & Barnardos

☎ [www.stepstocope.co.uk](http://www.stepstocope.co.uk)

### DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

#### ASCERT & Start 360

☎ Tel: 0800 254 5123

### Voices

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

[Social Services/Addiction Services Referrals](#)

#### Start 360

☎ Tel: 028 2568 9356

### DAMHS (Drug and Alcohol Mental Health Service)

Providing a range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

[GP/CAMHS Referrals](#)

#### NHSCT

☎ Tel: 028 9442 4600

## Specific Groups

### Needle and Syringe Exchange Sites

#### Boots

📍 Ballymena Health Centre

☎ Tel: 028 2564 1989

📍 Queen Street, Harryville,

Ballymena

☎ Tel: 028 2564 5994

📍 Abbeycentre,

Newtownabbey

☎ Tel: 028 9036 5910

#### NHSCT Community Addiction Service

📍 105a Railway Street, Ballymena

☎ Tel: 028 2531 7162

📍 High Street, Antrim

☎ Tel: 028 9446 2224

📍 Church St, Coleraine

☎ Tel: 028 7035 6666

📍 James Street,

Cookstown

☎ Tel: 028 8676 6176

### Group Support

Call or go online to find a meeting near you:

#### Alcoholics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 028 9035 1222

☎ [www.alcoholicsanonymous.ie](http://www.alcoholicsanonymous.ie)

#### AlAnon

Group Support for Family Members

☎ Tel: 028 9068 2368

☎ [www.al-anonuk.org.uk](http://www.al-anonuk.org.uk)

#### Alateen

Group Support for Teenagers

☎ Tel: 028 9068 2368

☎ [www.al-anonuk.org.uk/alateen](http://www.al-anonuk.org.uk/alateen)

#### Narcotics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 0300 365 1010

☎ [www.na-northernireland.org](http://www.na-northernireland.org)

### Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

#### ASCERT

☎ Tel: 0800 254 5123

### Community/Stakeholder Support Northern Drug & Alcohol Coordination Team/ Connections Service (NDACT Connections)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

☎ Tel: 028 2568 9306 (Start 360)

☎ [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)

✉ [connections@ndact.info](mailto:connections@ndact.info)

For more detailed information on services available in your HSCT area visit:

[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)



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# DRUG AND ALCOHOL SUPPORT SERVICES

## SOUTHERN HEALTH AND SOCIAL CARE TRUST AREA

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### Services for Adults

#### Drug and Alcohol Harm Reduction Service

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

Open Access/Self Referrals Accepted

**Extern** (Southern Trust Drug & Alcohol Harm Reduction Service)

☎ Tel: 074 2347 4844

**DePaul NI** (Harm Reduction Floating Support Service for Chronic Alcohol and Drug Users)

☎ Tel: 028 8772 5860

#### Alcohol & Domestic Violence Intervention Service

Targets the victims of alcohol-related domestic abuse/sexual violence and alcohol abuse - awareness raising sessions and one to one support available.

Open Access/Self Referrals Accepted

**Women's Aid**

☎ Tel: 028 3025 0765

#### Aftercare Addiction Service

Offering one to one counselling, 6-12 week (non-residential) treatment programmes, relapse prevention and family support.

Open Access/Self Referrals Accepted

**Davina's Ark**

☎ Tel: 028 3027 9407

#### Adult Step 2 Service

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

**SHSCT**

☎ Tel: 028 3756 4513

#### Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

GP/Health Professional Referrals

**SHSCT**

☎ Tel: 028 3756 4513

Residential treatment is accessible through the statutory addiction service.

### Young People/Family

#### Newry Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

**Magnet Centre**

☎ Tel: 028 3026 9070

#### Banbridge Youth Engagement Service (YES)

A youth friendly, holistic health and well-being service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

**FutureProof**

☎ Tel: 028 4062 4511

#### Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

Targeted at At-Risk/Vulnerable Groups

**Start 360**

☎ Tel: 028 3832 2714

#### Steps 2 Cope

Online support and self help resources for young people, aged 11-18, affected by a parent's use of alcohol.

**ASCERT & Barnardos**

☎ [www.stepstocope.co.uk](http://www.stepstocope.co.uk)

#### Alcohol & Domestic Violence Intervention Service

Specialised programme for children and young people.

Open Access/Self Referrals Accepted

**Women's Aid**

☎ Tel: 028 3025 0765

#### Youth Treatment and Support Service

For children and young people aged 11 - 25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

**Dunlewey Substance Advice**

☎ Tel: 075 8788 0386

#### Pharos

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

Social Services/Addiction Services Referrals

**Barnardos**

☎ Tel: 028 4062 3872

#### DAMHS (Drug and Alcohol Mental Health Service)

Range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

GP/CAMHS Referrals

**SHSCT**

☎ Tel: 028 3839 2112

### Specific Groups

#### Needle & Syringe Exchange Sites

##### Northern Pharmacies

📍 Brownlow Health Centre, Craigavon

☎ Tel: 028 3834 1462

##### Boots

📍 Scotch Street, Armagh

☎ Tel: 028 3752 3199/5910

##### McKeagney Chemists

📍 5 John Mitchel Place, Newry

☎ Tel: 028 3026 2606

#### Group Support

Call or go online to find a meeting near you:

##### Alcoholics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 028 9035 1222

🌐 [www.alcoholicsanonymous.ie](http://www.alcoholicsanonymous.ie)

##### AlAnon

Group Support for Family Members

☎ Tel: 028 9068 2368

🌐 [www.al-anonuk.org.uk](http://www.al-anonuk.org.uk)

##### Alateen

Group Support for Teenagers

☎ Tel: 028 9068 2368

🌐 [www.al-anonuk.org.uk/alateen](http://www.al-anonuk.org.uk/alateen)

##### Narcotics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 0300 365 1010

🌐 [www.na-northernireland.org](http://www.na-northernireland.org)

#### Community/Stakeholder Support

##### Southern Drug and Alcohol Coordination Team/Connections Service (SDACT Connections)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

☎ Tel: 028 3832 2714 (Start 360)

🌐 [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)

✉ [connections@sdact.info](mailto:connections@sdact.info)

#### Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

##### ASCERT

☎ Tel: 0800 254 5123

For more detailed information on services available in your HSCT area visit:

[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)



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# DRUG AND ALCOHOL SUPPORT SERVICES

## WESTERN HEALTH AND SOCIAL CARE TRUST AREA

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### Services for Adults

#### HURT

Range of therapeutic support services for adults with substance misuse issues/difficulties.

[Open Access](#)

#### HURT

Tel: 028 7136 9696

#### Low Threshold Services

For those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

[Open Access/Self Referrals Accepted](#)

#### ARC Healthy Living Centre (SOLACE)

Fermanagh

Tel: 028 6862 8741

#### DePaul Ireland (Foyle Haven) Derry

Tel: 028 7136 5259

#### First Housing

Tel: 028 8225 2730 (Ramona House - Omagh)

Tel: 028 7137 1849 (Floating Support - Derry)

Tel: 028 7136 1156 (Damien House - Derry)

#### Apex Housing Derry

Tel: 028 7126 7957 (The House in the Wells)

Tel: 028 7136 2689 (Foyle Valley House)

#### Drink Wise, Age Well

Offers therapeutic treatment and support to individuals aged 50+ who are concerned about their alcohol use/misuse.

Family members can also get advice and support - regardless of whether their significant other is seeking help. We provide both 1-1 support and MAP group peer support.

[Open Access/Self Referrals Accepted](#)

#### Addiction NI

Tel: 028 7116 0236 (Derry)

Tel: 028 6638 1714 (Enniskillen)

Tel: 028 8283 9240 (Omagh)

#### Domiciliary Outreach Programme

Alcohol and Drug Service for Older People.

[Open Access/Self Referrals Accepted](#)

#### WHSCT

Tel: 028 7131 4239

#### Steps to Change

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

#### ASCERT

Tel: 028 8244 8170 Tel: 0800 254 5123

#### Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

[GP/Health Professional Referrals](#)

#### WHSCT

Tel: 028 7186 5237/5239/5240 (Woodlea House, Derry)

Tel: 028 6638 2073 (Enniskillen)

Tel: 028 8283 5453/5365 (Asha Centre, TFH, Omagh)

Residential treatment is accessible through the statutory addiction service and is provided by a number of agencies including those listed below.

[Addiction Service Referrals](#)

#### Asha Centre, TFH, Omagh, Detox Unit

Tel: 028 8283 5453/5365

#### Northlands

6 week residential rehab programme.

Tel: 028 7131 3232

### Young People/Family

#### Enniskillen Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

#### Find Centre

Tel: 028 6632 5559

#### Derry Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

#### Longtower

Tel: 028 7136 6099

#### HURT Drug and Alcohol Lifeskills Programme

HURT's Drug and Alcohol Lifeskills Programme can deliver workshops in school, youth and community settings.

[Open Access](#)

#### HURT

Tel: 028 7136 9696

#### Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

[Targeted at At-Risk/Vulnerable Groups](#)

#### ASCERT

Tel: 028 8244 8170 or Tel: 0800 254 5123

#### Steps 2 Cope

Online support and self help resources for young people, aged 11-18, affected by a parent's use of alcohol.

#### ASCERT & Barnardos

[www.stepstocope.co.uk](http://www.stepstocope.co.uk)

#### DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

#### ASCERT & Start 360

Tel: 028 7137 1162

#### Voices

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

[Social Services/Addiction Services Referrals](#)

#### Start 360

Tel: 028 7137 1162

#### DAMHS (Drug & Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

[GP/CAMHS Referrals](#)

#### WHSCT

Tel: 028 7186 5238

### Specific Groups

#### Needle and Syringe Exchange Sites

##### Lloyd's Pharmacy

1 Ebrington Terrace, Derry

Tel: 028 7134 2454

28 Belmore Street, Enniskillen

Tel: 028 6632 2202

##### Superdrug

Ferryquay Street, Derry

Tel: 028 7126 3334

##### Mourne Pharmacy (Medicare)

8a Beechmount Ave, Strabane

Tel: 028 7188 5548

##### Gordon's Pharmacy

Unit 2, 57-61 Main Street, Limavady

Tel: 028 7776 3438

#### Group Support

Call or go online to find a meeting near you:

##### Alcoholics Anonymous

12 Step Programme/Group Meetings

Tel: 028 9035 1222

[www.alcoholicsanonymous.ie](http://www.alcoholicsanonymous.ie)

##### AlAnon

Group Support for Family Members

Tel: 028 9068 2368

[www.alanonuk.org.uk](http://www.alanonuk.org.uk)

##### Alateen

Group Support for Teenagers

Tel: 028 9068 2368

[www.al-anon.org/for-alateen](http://www.al-anon.org/for-alateen)

##### Narcotics Anonymous

12 Step Programme/Group Meetings

Tel: 0300 365 1010

[www.na-northernireland.org](http://www.na-northernireland.org)

#### Community/Stakeholder Support

##### Western Drug & Alcohol Coordination Team/ Connections Service (WDACT Connections)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

Tel: 0800 254 5123 (ASCERT)

[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)

[connections@wdact.info](mailto:connections@wdact.info)

#### Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

#### ASCERT

Tel: 0800 254 5123

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Lifeline

FREE 24/7 HELPLINE  
0808 808 8000



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# DRUG AND ALCOHOL SUPPORT SERVICES

SOUTH EASTERN HEALTH AND SOCIAL CARE TRUST AREA

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## Services for Adults

### MARC Project

Drop in service for chronic drinkers in the North Down and Ards area offering basic care, housing and crisis support.

#### The Link

☎ Tel: 028 9182 1124

### South Eastern Outreach Team

Low threshold service aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers and injecting drug users).

[Open Access/Self Referrals Accepted](#)

#### Simon Community

☎ Tel: 074 3575 4307

☎ Tel: 074 3575 4302

☎ Tel: 074 3575 4301

### Community Based Adult (Step 2) Service

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

#### Dunlewey Addiction Service

☎ Tel: 028 9039 2547

### Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

[GP & Mental Health Professional Referrals](#)

#### SEHSCT

☎ Tel: 028 9151 2159 (Newtownards)

☎ Tel: 028 9266 8607 (Lisburn)

☎ Tel: 028 4451 3921 (Down)

Residential treatment is accessible through the statutory addiction service.

[Addiction Service Referrals](#)

Ward 15, Downshire.

☎ Tel: 028 4451 3922

## Young People/Family

### Bangor Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

#### Extern (based in Bangor YMCA)

☎ Tel: 028 9145 4290

### Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

#### LYMCA

☎ Tel: 028 9267 0918

### Steps 2 Cope

Online support and self help resources for young people, aged 11-18, affected by a parent's use of alcohol.

#### ASCERT & Barnardos

☎ [www.stepstocope.co.uk](http://www.stepstocope.co.uk)

### DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

#### Start 360 & ASCERT

☎ Tel: 028 9043 5815

### Pharos

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

[Social Services/Addiction Services Referrals](#)

#### Barnardos

☎ Tel: 028 9066 3470

### DAMHS (Drug and Alcohol Mental Health Service)

Offering a range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

[GP/CAMHS Referrals](#)

#### BHSCT DAMHS

☎ Tel: 028 9063 8000

## Specific Groups

### Needle and Syringe Exchange Sites

#### Clear Pharmacy

📍 5 Church Street, Bangor

☎ Tel: 028 9127 1820

#### Gordon's Pharmacy

📍 35-37 Market Street, Downpatrick

☎ Tel: 028 4461 2014

📍 56 Bow Street, Lisburn

☎ Tel: 028 9267 4747

📍 2a Regent Street, Newtownards

☎ Tel: 028 9181 3217

### Group Support

Call or go online to find a meeting near you:

#### Alcoholics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 028 9035 1222

☎ [www.alcoholicsanonymous.ie](http://www.alcoholicsanonymous.ie)

#### AlAnon

Group Support for Family Members

☎ Tel: 028 9068 2368

☎ [www.al-anonuk.org.uk](http://www.al-anonuk.org.uk)

#### Alateen

Group Support for Teenagers

☎ Tel: 028 9068 2368

☎ [www.al-anonuk.org.uk/alateen](http://www.al-anonuk.org.uk/alateen)

#### Narcotics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 0300 365 1010

☎ [www.na-northernireland.org](http://www.na-northernireland.org)

### Community/Stakeholder Support

#### South Eastern Drug and Alcohol Coordination Team/Connections Service (SEDACT Connections)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

☎ Tel: 0800 254 5123 (ASCERT)

☎ [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)

✉ [connections@sedact.info](mailto:connections@sedact.info)

### Workforce Development Training

A range of drug and alcohol training courses for those working with adults, children and young people.

#### ASCERT

☎ Tel: 0800 254 5123

For more detailed information on services available in your HSCT area visit:

[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)



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# DRUG AND ALCOHOL SUPPORT SERVICES

## BELFAST HEALTH AND SOCIAL CARE TRUST AREA

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### Services for Adults

#### Community Drugs Programme

One to one and family support, auricular acupuncture, mentoring and onward referral service.

[Open Access](#)

#### Falls Community Council

☎ Tel: 028 9020 2030

#### Reach Out

One to one support for alcohol and/or drug misuse (and other associated issues).

[Open Access/Self Referrals Accepted](#)

#### Extern

☎ Tel: 074 4253 3165

#### Low Threshold Services

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

[Open Access/Self Referrals Accepted](#)

#### BHSCT Drug Outreach Team

☎ Tel: 028 9504 1433

#### Extern Alcohol Housing Support Service

☎ Tel: 028 9033 0433

#### Community Based Adult Services

One to one therapeutic treatment and support service for those aged 18+ misusing alcohol and/or drugs. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

#### Addiction NI

☎ Tel: 028 9066 4434

#### Dunlewey Addiction Services

☎ Tel: 028 9039 2547

#### Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

[GP/Health Professional Referrals](#)

#### BHSCT

☎ Tel: 028 9504 2900

Residential treatment is accessible through the statutory addiction service.

#### Residential Addiction Treatment Centre

6 week residential programme.

[Addiction Service Referrals](#)

#### Carlisle House

☎ Tel: 028 9032 8308

### Young People/Family

#### Belfast Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

#### Extern

☎ Tel: 028 9032 5786

#### Community Drugs Programme

Drug and alcohol education and awareness programmes, accredited and non-accredited, targeted at young people and/or parents.

[Open Access](#)

#### Falls Community Council

☎ Tel: 028 9020 2030

#### Reach Out

One to one support for alcohol and/or drug misuse (and other associated issues).

[Open Access/Self Referrals Accepted](#)

#### Extern

☎ Tel: 074 4253 3165

#### Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

[Targeted at At-Risk/Vulnerable Groups](#)

#### LYMCA

☎ Tel: 028 9267 0918

#### Steps 2 Cope

Online support and self help resources for young people, aged 11-18, affected by a parent's use of alcohol.

#### ASCERT & Barnardos

☎ [www.stepstocope.co.uk](http://www.stepstocope.co.uk)

#### DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

#### Start 360 & ASCERT

☎ Tel: 028 9043 5815

☎ [www.start360.org](http://www.start360.org)

#### Pharos

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

[Social Services/Addiction Services Referrals](#)

#### Barnardos

☎ Tel: 028 9066 3470

#### DAMHS (Drug and Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

[GP/CAMHS Referrals](#)

#### BHSCT

☎ Tel: 028 9504 0365

### Specific Groups

#### Needle and Syringe Exchange Sites

##### Maguire Pharmacy

📍 3 Beechmount Avenue

☎ Tel: 028 9032 0593

##### Chemist Connect

📍 59 High Street

☎ Tel: 028 9023 1002

#### Street Injecting Support Service (SISS) (inc. needle exchange)

📍 Extern

☎ Tel: 080 0085 8426

#### Removal of Drug Related Litter (Needle Finds)

📍 Belfast City Council

☎ Tel: 028 9027 0469

#### BHSCT Drug Outreach Team (inc. needle exchange)

☎ Tel: 028 9504 1433

#### Group Support

Call or go online to find a meeting near you:

##### Alcoholics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 028 9035 1222

☎ [www.alcoholicsanonymous.ie](http://www.alcoholicsanonymous.ie)

##### AlAnon

Group Support for Family Members

☎ Tel: 028 9068 2368

☎ [www.al-anonuk.org.uk](http://www.al-anonuk.org.uk)

##### Alateen

Group Support for Teenagers

☎ Tel: 028 9068 2368

☎ [www.al-anonuk.org.uk/alateen](http://www.al-anonuk.org.uk/alateen)

##### Narcotics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 0300 365 1010

☎ [www.na-northernireland.org](http://www.na-northernireland.org)

#### Community/Stakeholder Support

##### Belfast Drug & Alcohol Coordination Team/Connections Service (BDAC Connections)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

☎ Tel: 028 9084 0555 (Extern)

☎ [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)

✉ [connections@bdact.info](mailto:connections@bdact.info)

#### Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

##### ASCERT

☎ Tel: 0800 254 5123

For more detailed information on services available in your HSCT area visit:

[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)



"Addressing drugs and alcohol together"

In Crisis? Call

Lifeline

FREE 24/7 HELPLINE  
0808 808 8000